



Parks  
Make  
Life  
Better!

## Hang with us on these Social Networks



*Heritage County Park Victorian Buildings*

### HEADQUARTERS

County of San Diego Department of Parks and Recreation

5500 Overland Avenue, Suite 410

San Diego, CA. 92123

858-694-3030

[www.sdparks.org](http://www.sdparks.org)

### SYMBOL KEY



CAMPGROUND



COUNTY  
PASSPORT  
PROGRAM



FISHING



HISTORIC  
SITE



SPORTS  
FACILITY



WEDDING/  
RECEPTION  
SITE

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**1 4S RANCH SPORTS PARK**

16118 4S Ranch Parkway  
San Diego | 858-673-3900

**YOUTH ROLLER HOCKEY CLINICS**

**Date** Saturdays  
(10-week session)  
**Time** 8:00 am – 12:00 pm  
**Fee** \$25

Youth roller hockey Saturdays (ages 5-18) focuses on the importance of skating and puck handling. Registration is ongoing and open to all skill levels. For more information please visit [www.4sranchrollerhockey.com](http://www.4sranchrollerhockey.com), or contact the 4S Ranch Recreation Office.

**ADULT ROLLER HOCKEY CLINICS**

**Date** Mondays – Beginner  
Tuesdays – Intermediate/  
Advanced  
(10-week session & playoffs)  
**Time** 6:00 pm – 10:00 pm  
**Fee** \$700 per team

Monday and Tuesday night roller hockey leagues (ages 18+) provide a great opportunity for skill development and recreation. All teams play each other throughout the season with team standings dividing teams into divisions for playoffs and championships. The league is 10-weeks long plus playoffs and championships. Free agent players are always welcome, and more information can be found at [www.4sranchrollerhockey.com](http://www.4sranchrollerhockey.com).

**ADULT MEN'S BASKETBALL LEAGUE**

**Date** Mondays (Levels B & C)  
Tuesdays (Levels A & B)  
(10-week session & playoffs)  
**Time** 6:00 pm – 10:00 pm  
**Fee** \$325 per team

The adult men's basketball league allows for a 12-man roster. The division will include 10 games plus playoffs. Team and individual stats are posted on the league website. For more information please visit [www.4sranchbasketball.com](http://www.4sranchbasketball.com) or contact the 4S Ranch Recreation Office.

**YOUTH TENNIS INSTRUCTION**

**Date** Wednesdays, October 29 –  
December 3  
**Time** 2:45 pm – 3:45 pm  
(3rd – 5th graders)  
4:00 pm – 5:00 pm  
(6th – 8th graders)  
**Fee** \$30 per 6-week session

Join us for our new youth tennis program! The goal of the program is to enhance children's activity levels through tennis while promoting life-long skills. Instruction will include racquets and balls when needed. Contact the 4S Ranch Sports Park Recreation Office for more information.



*4S Ranch Adult Hockey*



*4S Ranch Tennis Courts*



**2 AGUA CALIENTE REGIONAL PARK**

39555 Great Southern  
Stage Route of 1849  
Anza Borrego | 760-765-1188

**MARSH TRAIL HIKE**

**Date**     **Sundays**  
**Time**     **10:00 am**  
**Fee**       **Free for Campers/\$3 Day**  
              **Use Fee**

Join park staff for a leisurely 1.5 mile hike to discover the variety of plants and animals that live in this desert oasis.

**RABBIT'S RIDDLES**

**Date**       **Saturday, November 15**  
**Time**       **6:30 pm**  
**Fee**         **Free for Campers/\$3 Day**  
              **Use Fee**

Join Ranger Kory for a night full of campfire stories, riddles, and games designed to trick and deceive. The program is open to all children and adults that like solving puzzles and brain teasers. Bring a warm jacket and the ability to think outside the box. Leave with laughs and a lot of new activities for your own campfires.

**DESERT ART AND COLORING CONTEST**

**Date**         **Saturday, December 20**  
**Time**         **10:00 am – 7:00 pm**  
**Fee**          **Free for Campers/\$3 Day**  
              **Use Fee**

Join fellow campers for an Agua Caliente inspired art and coloring contest! Contestants will be divided into one of three age groups, given paper, pencils, and crayons and sent off for the day to create a picture of what inspires them most in the desert. Contestants submit their art at the ranger station throughout the day and meet back at the clubhouse at 7:00 pm for an art showcase, final judging, and awarding of small prizes.



*Antique Gas and Steam Engine Museum Tractor*

**3 ALPINE COMMUNITY CENTER**

1830 Alpine Boulevard  
Alpine | 619-445-7330

The Center offers child care, teen programs, senior nutrition programs, community recreation, picnic facilities, cultural activities, facility rentals, adult softball, and Bobby Sox softball. Call for information.

**4 ANTIQUE GAS & STEAM ENGINE MUSEUM**

2040 N. Santa Fe Avenue  
Vista | 760-941-1791  
[www.agsem.com](http://www.agsem.com)



**Fee**        **\$5 for Adults; \$4 for Seniors**  
              **65 years and older;**  
              **\$3 for children 6-12 years**  
              **old; free for 5 years**  
              **and under**

The Antique Gas & Steam Engine Museum, a nonprofit corporation, collects, preserves, and displays examples of mechanical ingenuity and crafts associated with the early days of the American farm and rural community. The museum offers educational and recreational opportunities to the public through exhibits, demonstrations, activities and programs displaying the art of invention that fulfilled the necessity. The museum grounds are open for self-guided tours seven-days a week on non-event days from 10:00 am to 4:00 pm.

**ANTIQU ENGINE AND TRACTOR SHOW**

**Date**         **Saturday and Sunday,**  
              **October 18 – 19; 25 – 26**  
**Time**         **9:00 am – 4:00 pm**

40 acres of all day fun including a working antique farm and construction equipment demonstrations, a scale model railroad exhibit, a huge weaving exhibit hall, as well as a working blacksmith shop. There will be tractor games for the children, slowest tractor and potato sack races, train and wagon rides and a crop threshing demonstration. Other exhibits include a working grist mill, a 19th century farm house and an old fashion school room. Various vendor booths will provide unique items for sale as well as food, drinks and goodies. Please visit [www.agsem.com](http://www.agsem.com) for more information.

**5 CACTUS PARK**

10567 Ashwood Street  
Lakeside | 619-390-6017

Cactus Park offers youth and adult sports leagues, and a BMX track. Call for more information.





*Dos Picos Día de los Muertos Mask*

## 6 CAMPO STONE STORE & MUSEUM

31130 Highway 94  
Campo | 619-390-6017



Visit the Pioneer Museum downstairs, and then head to the Military Museum upstairs showing the history of the U.S. Cavalry and Buffalo Soldiers. A short video will be provided. Open Saturdays and Sundays 11:00 am – 5:00 pm.

## 7 COLLIER PARK

626 E Street  
Ramona | 760-788-7564

Collier Park has the Boys and Girls Club in the park. The park has a soccer arena, tennis courts, playgrounds, and walking trails. Call for more information.

## 8 DEL DIOS HIGHLANDS PRESERVE

9860 Del Dios Highway  
Escondido | 760-745-4379

This 774 acre preserve straddles the San Dieguito and Escondido Creek watersheds and provides a 1.4 mile passive trail joining the communities of Del Dios and Elfin Forest. The trail is open for hiking, mountain biking, and equestrian use. Halfway up the trail from the Del Dios Highway staging area, visitors can enjoy an inspiring view of Lake Hodges to the southeast. Further up the trail, the Pacific Ocean can be seen on a clear day. The preserve is open seven days a week from 8:00 am to one half hour before sunset.

## 9 DOS PICOS REGIONAL PARK

17953 Dos Picos Park Road  
Ramona | 760-789-2220



FREE Saturday programs meet at the Amphitheater at the scheduled time. Programs may change or cancel without notice depending upon the weather and ranger availability. The rangers need to have at least 10 people for each program to begin, so bring a friend!

### BOX OVEN BAKE-OFF

**Date** Saturdays, October 4, 25;  
November 8, 22;  
December 13, 27  
**Time** Posted in the ranger office  
**Fee** Free for campers/\$3 day use fee

Before the 'make and bake oven,' there was the box it came in. Ranger Kent will help you build your very own box oven and then cook something in it! This program is for all ages but little ones will need some assistance from mom or dad.

### DUTCH OVEN COOK-A-RAMA

**Date** Saturdays, October 11, 18;  
November 1, 15;  
December 13, 20  
**Time** Posted in the ranger office  
**Fee** Free for campers/\$3 day use fee

There was a time when things were more simple and tastier. Help Ranger Kent prepare and sample frontier style Dutch oven treats! Fun for all ages but little ones will need some assistance from mom or dad.

## HALLOWEEN MASK PAINTING

**Date** Saturdays, October 11, 18  
**Time** Posted in the ranger office  
**Fee** Free for campers/\$3 day use fee

We all have many faces and here's your chance to add a new one to your collection. Make a creepy, cool mask you can keep!

## HAUNTED TRAIL HIKES

**Date** Saturdays, October 11, 18  
**Time** 6:30 pm – 8:30 pm  
**Fee** Free

During this time of year the woods come to life with creatures natural and supernatural. Meet the rangers and spirit guides in the day use parking lot by the light at the restroom. Guided hikes last about 20 minutes and cover some challenging terrain. Wear warm clothes and sturdy shoes. Bring a flashlight and an adult. Event and parking are FREE!



*Dos Picos Outdoor Education*



*Collier Park Environmental Education Event*

## DOS PICOS COUNTY PARK PROGRAMS (cont.)

## TRIVET PURSUIT CRAFT

**Date** Saturdays, November 1, 15;  
December 6, 20  
**Time** Posted in the ranger office  
**Fee** Free for campers/\$3 day  
use fee

Some things are too hot to handle... unless you have a TRIVET! Join the ranger to make a pot trivet of your very own.

## DISCOVERY PROGRAM

**Time** Times Vary

Dos Picos participates in the County's award winning Discovery Program. Free outdoor education based on California Science Standards for grades K-6th. Ranger visits and more await your school. Email Ranger Kyle at, [kyle.icke@sdcounty.ca.gov](mailto:kyle.icke@sdcounty.ca.gov) for more information and to make an appointment for your school.

## LEAD-A-HIKE TRAINING FOR GIRL SCOUTS

**Time** Times Vary

Dos Picos offers free Lead-a-Hike training for the Junior and Cadet Girl Scouts. Contact Kyle Ranger at [kyle.icke@sdcounty.ca.gov](mailto:kyle.icke@sdcounty.ca.gov) for more information.

## 10 EL CAPITAN PRESERVE

13775 Blue Sky Ranch Road  
Lakeside | 619-956-4707

Enjoy multipurpose trails that will challenge even the most physically fit. Patrol volunteers are also needed.



El Monte County Park Playground

## 11 EL MONTE REGIONAL PARK

15805 El Monte Road  
Lakeside | 619-443-1474



**Fee** Parking is \$3 per vehicle

The park offers playgrounds, picnic and wedding facilities, an open field, horseshoe pits, barbecue grills, and a ball field. The picnic and wedding area can be reserved in advance. Park visitors can check out sports equipment (volleyballs and nets, cones, footballs, flags, softballs, bases, bats, mitts, soccer balls, bocce ball, croquet, ladder golf, badminton, tether ball, horse shoes, bean bag toss, Frisbees, and hula hoops) with a valid driver's license. Hikers can enjoy the spectacular views of El Monte valley and El Capitan from the newly dedicated 4.1 mile, El Monte trail. Park approximately 100 yards west of the park entrance, north of El Monte Road.

## 12 FALLBROOK SPORTS FACILITY

205 N Main Avenue  
Fallbrook | 760-728-8848  
[www.ingoldsportspark.com](http://www.ingoldsportspark.com)



Call for program information, or visit [www.ingoldsportspark.com](http://www.ingoldsportspark.com).

## 13 FELICITA PARK

742 Clarence Lane  
Escondido | 760-745-4379



## QR FITNESS TRAINING

**Date** Sunday, October 26;  
November 30  
**Time** 10:00 am  
**Fee** \$3 Parking Fee

Join us for a QR Fitness workout. Park staff will demonstrate how to use a cell phone to watch an on-line video workout. It's easy, fun and a great way to exercise while you enjoy an oak-shaded walk along the creek. Bring your smartphone, training shoes, hat, sunscreen and water. Open to all ages and all fitness levels.

## MUSEUM TOUR AND NATURE HIKE

**Date** Saturday, October 11;  
November 8; December 13  
**Time** 1:00 pm  
**Fee** \$3 Parking Fee

Join park staff for a museum tour and nature hike. Meet in the main picnic area, visit the park museum and hike along Felicita Creek. See the grinding stones, and learn about the plants and animals that live in the park. Open to all ages. Bring water, a hat and walking shoes.



Felicita Native American Inspired Flates



## FELICITA COUNTY PARK PROGRAMS (cont.)

## WILDLIFE IN THE PARK

**Date** Saturday, October 18;  
November 15  
**Time** 1:00 pm  
**Fee** \$3 Parking Fee

Project Wildlife will visit the park with a wildlife ambassador. You will get an informative, up-close presentation of animals from a knowledgeable expert. Visitors may see a barn owl, red shouldered hawk, merlin falcon, or other raptor. The event is fun for the whole family.

NATIVE AMERICAN  
INSPIRED FLUTES

**Date** Sunday, October 19  
**Time** 1:00 pm  
**Fee** \$3 Parking Fee

Felicita County Park Host Charles La Berge will discuss and demonstrate his process for making Native American inspired flutes. He will follow his demonstration with a live flute performance on the Main Stage next to the Museum.

## 14 FLINN SPRINGS

14787 Old Highway 80  
El Cajon | 619-561-0180

## WHOOO GOES THERE?

**Date** Sunday  
**Time** October 12, 6:30 pm – 8:00 pm  
November 2, 7:00 pm – 7:30 pm  
**Fee** \$3 Day Use Fee

Join Ranger Patty in search of nocturnal wildlife in and around the park. Owls, foxes and night snakes might be out. The hiking is easy to moderate. Wear comfortable walking shoes, dress weather appropriate, and bring a flashlight. Meet the ranger at the wedding gazebo. Rain will cancel the event.



*Hellhole Canyon Hiking Trail*

## 15 GUAJOME REGIONAL PARK

3000 Guajome Lake Road  
Oceanside | 760-724-4489



## NATURE WALK WITH A RANGER

**Date** Second Saturday of  
the Month  
**Time** 3:00 pm  
**Fee** Free for Campers or  
\$3 Day Use Fee

Join Park staff and learn about the habitat of the park with a ranger led nature walk. The hike is mild to moderate and hikers should bring water, sunscreen and wear appropriate clothing and shoes. Hikers will meet at the amphitheater. Open to all ages.

## 16 HERITAGE PARK

2454 Heritage Park Row  
Old Town San Diego  
858-966-1308



This Park is adjacent to Old Town in San Diego. The park features several restored Victorian homes and San Diego's first synagogue. The Temple Beth Israel and Lawn remain open to the public for event reservations.

## 17 HELLHOLE CANYON PRESERVE

19324 Santee Lane  
Valley Center | 760-742-1631  
[www.hellholecanyon.org](http://www.hellholecanyon.org)

HIKING AND EQUESTRIAN  
OPPORTUNITIES

**Date** Monday – Sunday  
**Time** 8:00 am – Sunset

Hellhole Canyon offers a peaceful and interesting place to hike. Visitors can take a short downhill walk to Hell Creek and enjoy the shade of oak and sycamore trees, or continue their way along the abandoned canal and attempt the rigorous climb to the mountain top. Hikes at Hellhole can be strenuous, and temperatures can get hot, so come prepared.

## 18 JULIAN MUSEUM AND PIONEER PARK

2811 Washington Street  
Julian | 760-765-0227



The Julian Museum is housed in a late 1800s building containing nineteenth-century clothing, household furnishings, artifacts from gold mining and those of American Indian life. Call for hours of operation.

**19 LAKE MORENA REGIONAL PARK**

2550 Lake Morena Drive  
Campo | 619-579-4101

**THE MUSEUM AT LAKE MORENA**

**Date** *Everyday*  
**Time** *Open during park hours*  
**Fee** *Free for Campers/  
\$3 Day Use Fee*

The museum at Lake Morena has been updated! Park volunteers created an interactive space to learn about the history of Lake Morena and the Campo area. Open daily for campers and visitors.

**INTERPRETIVE NATURE HIKE**

**Date** *Saturdays, October 4,  
18; November 1, 15, 29;  
December 13, 20*  
**Time** *2:30 pm*  
**Fee** *Free for Campers/  
\$3 Day Use Fee*

During the hike you will learn about native plants in the area, and how the Kumeyaay Indians utilized the natural vegetation in their daily lives. You will also learn the history of Lake Morena. Before the hike there will be a short talk about snakes and storm water. The hike lasts about an hour and a half. Call in advance to verify the hike start time.

**FOR THE LOVE OF BUGS AND INSECTS**

**Date** *Saturdays, October 11;  
November 1*  
**Time** *6:00 pm*  
**Fee** *Free for Campers/  
\$3 Day Use Fee*

Insects and spiders are creepy, crawly, and mysterious! Explore the world underneath your feet. Discover the unique characteristics that insects and spiders have. Our guest speaker, Jim Berrian an Entomologist from the San Diego Natural History Museum will stimulate your mind about the world of insects and spiders. There will be an indoor and outdoor presentation.



*Lake Morena Group Hike*

**ENDANGERED SPECIES OF SAN DIEGO COUNTY PARKS**

**Date** *Saturday, November 8*  
**Time** *5:00 pm*  
**Fee** *Free for Campers/  
\$3 Day Use Fee*

Federal Fish and Wildlife speaker Lisa Cox will lead a program on the endangered species of San Diego County.

**20 LAKESIDE LINKAGE PRESERVE**

NE Corner of Los Coches  
and Ha-Hana Road  
San Diego | 619-709-2464

Lakeside Linkage Preserve is a vegetation community that supports several sensitive species including the coastal California gnatcatcher, the coastal cactus wren, and the orange-throated whiptail. The Whitaker House, a well-known Lakeside landmark, is located within this Preserve. The Preserve is open for day use hikes year round.



*Lindo Lake County Park*

**21 LINDO LAKE COUNTY PARK**

12660 Lindo Lane  
Lakeside | 858-565-3600

**NATURE HIKE**

**Date** *Saturdays*  
**Time** *10:00 am – 11:00 am*  
**Fee** *Free*

Join a park ranger for a scenic nature hike around Lindo Lake County Park. You'll explore the native plants and animals that inhabit the east basin, as well as discover the rich history behind this natural lake. The group will meet in front of Pavilion 1 on the south east side of the park. Make sure to bring sunscreen, water, and wear comfortable shoes.



## LINDO LAKE COUNTY PARK PROGRAMS (cont.)

## FISHING WITH A RANGER

**Date** Third Saturday of the month  
**Time** 12:00 pm – 1:00 pm  
**Fee** Free

Meet the Park Ranger in front of Pavilion 1 and take a walk to the best fishing spot at Lindo Lake. You'll learn about the lake's ecosystem, conservation, and the basics of fishing. Make sure to bring sunscreen, a hat, water, and comfortable shoes. Bring your fishing pole, and we'll supply the bait. This program is for participants 15 years of age and younger.

## 22 LIVE OAK COUNTY PARK

2746 Reche Road  
 Fallbrook | 760-728-2303

Live Oak County has long been the cornerstone of Fallbrook. First inhabited by Native Americans, the park is an oak tree forest that begs for visitors to stay and enjoy its beauty. The park is ideal for picnicking, strolling and sharing time with family and friends. The park is also home to woodpeckers, hawks and songbirds that swoop among the ancient oaks.



Live Oak Park Amphitheater View

## 23 LOS PEÑASQUITOS CANYON PRESERVE &amp; RANCH HOUSE

12122 Canyonside Park Drive  
 San Diego | 858-484-7504



## GUIDED HIKES AND ACTIVITIES

The Friends of Los Peñasquitos Canyon Preserve schedule a variety of hikes into the Preserve. Become a friend of the canyon and join the hikes by calling, (858) 484-3219.

## 24 LOUIS STELZER COUNTY PARK

11470 Wildcat Canyon Road  
 Lakeside | 619-561-0580



## SNAKES &amp; SKINS OF STELZER PARK

**Date** Saturday, October 25;  
 November 15  
**Time** 10:00 am – 11:00 am  
**Fee** \$3 Day Use Fee

Join park staff and learn about the native wildlife that inhabits our local area! Experience firsthand the snakes and skins of San Diego's native species.

## DISCOVERY PROGRAM TEACHER TRAINING

**Date** Saturday, October 11  
**Time** 9:00 am – 12:00 pm  
**Fee** Free

Attention teachers! Attend a free, short training session on the Discovery Program for Louis Stelzer County Park and we'll reimburse you for the cost of field trip transportation. The award winning Discovery Program sends elementary school-age children on an outdoor environmental education adventure. The hands-on course includes pre-field trip activities for classroom use, park activities, and post-field trip activities that are correlated with the California Science framework.

## BIRDS OF STELZER

**Date** Saturdays, October 18;  
 December 13  
**Time** 9:00 am – 10:30 am  
**Fee** \$3 Day Use Fee

Come learn about the birds of Stelzer County Park as we go for a bird-watching nature hike. Children, adults, and seasoned birders are all welcome. Meet at the ranger office and be prepared for a moderate, two mile hike. Please bring water, sunscreen, binoculars, and wear sturdy shoes.

## ACORN FESTIVAL

**Date** Saturday, November 8  
**Time** 1:00 pm – 4:00 pm  
**Fee** \$3 Day Use Fee

Howka! In celebration of the acorn harvest, which historically took place in these foothills, we will learn and practice Kumeyaay traditions. The park will come alive with interactive displays, crafts, storytelling, and acorn grinding. This event will be fun for all ages.

## 25 MT. GOWER PRESERVE

17090 Gunn Stage Road  
 Ramona | 619-956-4707



Mt. Gower Open Space Preserve, located southeast of Ramona, has approximately eight miles of trails within its boundaries. You'll find water and vault toilets at the trailhead. Primitive campsites are available, which provide a great place for scouting events and outdoor get-togethers.



Louis Stelzer Interpretive Hike



*Otay Lakes County Park Boy Scout Activity*

## 26 OAKOASIS PRESERVE

12620 Wildcat Canyon Road  
Lakeside | 619-561-0580



Oak Oasis is an excellent place to enjoy a leisurely walk. The preserve features acres of woods, hills, multi-use trails, and views. The Preserve also provides a camping area for youth groups only. Dogs on leash and horses are welcome.

## 27 OTAY LAKES COUNTY PARK

2270 Wueste Road  
Chula Vista | 619-482-7361

**Fee**     **Parking is \$3 per vehicle**

Enjoy the beautiful view of Otay Lake and the surrounding hills. The park has one site that can accommodate up to 100 people and four additional sites for walk-in visitors. A playground, horseshoe pits, hiking trails, lawn area, and native plant/demonstration garden are a few of the many reasons to visit Otay Lakes County Park. Birdwatchers will find much to reward around the park and surrounding areas.

## 28 OTAY VALLEY REGIONAL PARK

2155 E. Beyer Blvd.  
San Diego | 619-482-7361

The Otay Valley Regional Park represents one of the major open space areas within the southern area of San Diego County, linking south San Diego Bay with lower Otay Lake. The park provides South Bay residents and visitors recreational opportunities ranging from playing fields and picnic areas to hiking, biking, and horse trails.

## 29 PINE VALLEY

22810 Old Highway 80  
Pine Valley | 619-473-8558

Pine Valley is a day use park with three reservable picnic areas on 17 acres. Lawn, tall pine trees, and broad oak cover much of the park. Recreational activities include ball fields, tennis courts, shuffleboard, horseshoes, and playgrounds.



## 30 POTRERO COUNTY PARK

24800 Potrero Park Drive  
Potrero | 619-478-5212

Potrero Regional Park offers RV, tent, and group camping. Hot showers are available for campers. The day use portion of the park is free. You can work out on a newly developed ADA accessible exercise wellness trail and explore outdoor surroundings. Visitors can also enjoy dozens of picnicking areas with BBQs and tables, an enclosed pavilion, ball fields and horseshoe pits.



*Potrero Sunset*



*Pine Valley County Park Volleyball Courts*



**31 RANCHO GUAJOME ADOBE**

2210 North Santa Fe Avenue  
Vista | 760-724-4082  
760-940-8260 Gift Shop

**DIA DE LOS MUERTOS**

**Date** Saturday, October 25  
**Time** 10:00 am – 4:00 pm  
**Fee** \$1.00 for ages 4 and older;  
free for ages 3 and under;  
free parking

Celebrate a 3,000 year old “Dia de los Muertos” (Day of the Dead) ritual, and a time for the lost to return home to visit loved ones, feast on their favorite foods, drinks, and listen to their favorite music. The historic Rancho Guajome Adobe will have offerings to remember the departed and honor ancestors, which may consist of foods, photographs, flowers, candles, toys and other symbolic offerings created by community members. The event will include performances by Ballet Folklórico, live traditional music, children’s activities, along with food and craft vendors.

**RANCHO CHRISTMAS**

**Date** Saturday – Sunday,  
November 29-30  
**Time** 10:00 am – 4:00 pm  
**Fee** \$5.00 for ages 13 and older;  
\$3.00 for children 4-12;  
Free for ages 3 and under;  
free parking

Step back in time and celebrate an old-fashioned holiday at Rancho Guajome Adobe! Using natural materials, each of the 28 rooms and 2 large courtyards of this National Historic Landmark will be decorated for the holiday seasons of yesteryear with over a hundred wreaths, garland, and centerpieces. Children will delight in the variety of hands-on crafts and activities from making cornhusk dolls, dipping apples in caramel, and weaving with colorful yarn. Hop aboard a tractor-drawn wagon, enjoy live music, dancing, and storytelling. On Saturday evening only, complimentary hot cider will be offered as we gather in the inner courtyard for caroling by the warm glow of luminarias.

*Rancho Christmas***SCHOOL TOURS**

**Date** Wednesdays and Thursdays  
**Time** Times vary  
**Fee** \$1 per student

Teachers can arrange school tours for their 3rd, 4th, and 5th graders by calling the park office. Tours must be arranged at least one month in advance. The Adobe Tour includes a brick-making activity with a ranger at the conclusion of the tour. School groups are also welcome to stay and utilize the park’s outdoor picnic venue.

**VOLUNTEER**

**Date** First Tuesday of the Month  
**Time** 10:00 am  
**Fee** Free

Docents meet at the park office to sign-up for tours, plan events, socialize, and participate in the preservation of our historic adobe. Join us to learn how you can become a docent!

*Rancho Christmas**Dia de los Muertos***32 SAN DIEGO BOTANIC GARDEN**

230 Quail Gardens Drive  
Encinitas | 760-436-3036  
[www.sdbgarden.org](http://www.sdbgarden.org)



**Fee** \$12 for adults; \$8 for seniors, students and military; \$6 for children (3 to 12); \$2 parking

One of the world’s most diverse and important plant collections includes California native plants, exotic tropical specimens, palms, and 30 acres with scenic walks and trails. There is a nice wedding location within the gardens. For information please visit [www.sdbgarden.org](http://www.sdbgarden.org). Hours are 9:00 am – 5:00 pm daily.

**33 SAN DIEGUITO COUNTY PARK**

1628 Lomas Santa Fe Drive  
Del Mar | 858-755-2386



This 125-acre park is located in Del Mar and is home to the Miracle Field, a fully accessible baseball field that accommodates children and adults with special needs. San Dieguito offers a variety of recreational activities including playgrounds, exercise stations, a basketball court, pavilions, a wedding gazebo, large open lawn areas, picnic areas, and BBQ's.

**SAN DIEGUITO FALL FESTIVAL**

**Date** *Saturday, November 1*  
**Time** *12:00 pm – 3:00 pm*  
**Fee** *Parking is \$3 per vehicle*

Experience the fall season in San Diego! Try your luck to win game prizes, and get your face painted or decorate your own pumpkin masterpiece. Absorb the beauty of the fall foliage while drinking cider. There will be fun picture opportunities too! Feel free to wear costumes from the night before. We'll have a critter camp set up so you can meet our park pets and discover wildlife from the area. Join the festivities for a free day of family fun.

**BREAKFAST WITH SANTA**

**Date** *Saturday, December 20*  
**Time** *10:00 am – 12:00 pm*  
**Fee** *\$10 for ages 12 and older;  
\$8 for children 3 – 11; 2 and  
under free  
Parking is \$3 per vehicle*

Enjoy a continental breakfast with a very special guest in attendance – Santa! There will also be some fun holiday arts and crafts for kids. Each paid breakfast ticket includes a photo with Santa. Proceeds will benefit the County of San Diego Parks and Recreation's Ring & Run Program, benefiting families in need around the County. Please RSVP in advance for event. Tickets must be paid prior to event date. Seating is limited.

**34 SAN ELIJO LAGOON ECOLOGICAL RESERVE & NATURE CENTER**

2710 Manchester Avenue  
Encinitas | 760-634-3026

**SUNDAY FAMILY FUN DAY**

**Date** *First Sunday of the month*  
**Time** *11:30 pm – 1:30 pm*  
**Fee** *\$1 suggested donation  
per child*

Looking for something fun to do with the family? Then pack up the kids and head on over to San Elijo Lagoon Nature Center to join us for some fun nature-themed crafts and activities, featuring the TRACK Trail program! The whole family will enjoy exploring the Nature Center exhibits and the family-friendly Nature Center loop trail. The tables and chairs on the upstairs observation deck make a great spot for a picnic lunch, too!



*Breakfast with Santa*



*San Elijo Lagoon Not So Scary Estuary*

**CHILDREN'S STORY TIME**

**Date** *3rd Tuesday and Thursday of  
the month*  
**Time** *11:00 am*  
**Fee** *\$1 suggested donation per  
child*

Calling all toddlers and preschoolers! Join park staff as they read a selection from our wonderful library of children's nature-themed storybooks. A special surprise, such as an animal interaction, themed craft, or coloring activity will follow each story time.

**FAMILY DISCOVERY DAYS:  
NOT SO SCARY ESTUARY**

**Date** *Saturday and Sunday,  
October 18 – 19*  
**Time** *1:00 pm – 4:00 pm*  
**Fee** *Free*

Meet creepy, crawly, and hooting nocturnal animals and discover they're not-so-scary after all! Through hands-on activities and fun crafts, you'll learn secrets about native owls, spiders, bats and other critters that spirit the lagoon after sunset. Kids of all ages will enjoy climbing through a giant spider web and trick-or-treating around the loop trail. Learn about vampire energy and how you can stop it! Come dressed in a costume and you could win a prize at the costume contest for the most creative, most eco-friendly, and best nocturnal-themed costumes!





*Santa Ysabel Kanaka Trail*

### 35 SANTA MARGARITA PRESERVE

37385 De Luz Road  
Fallbrook | 760-728-2303

This 221-acre preserve has a nice equestrian-friendly staging area and 1.5-miles of multi-use trails great for horseback riding, hiking and bird watching. The preserve is open 7-days a week from 8:00 am to one half hour before sunset. In the event of rain the preserve will not open for at least 24-hours.

### 36 SANTA YSABEL PRESERVES

**Eastside:** 500 Farmer Road  
Julian | 760-765-4098

**Westside:** 23000 Block of Hwy 79  
Santa Ysabel | 760-765-4098

#### GROWING YOUR OWN OAK TREES! – EAST SIDE

**Date** *Sunday, October 12;  
November 16*  
**Time** 10:00 am  
**Fee** Free

Learn how to collect and plant acorns so you can grow your own trees. From selecting acorns, to proper planting techniques, we'll teach you the basics to help our oak tree community thrive.

#### HIKE ALL THE WAY ACROSS – EAST SIDE

**Date** *Saturday, October 18*  
**Time** 10:00 am  
**Fee** Free

Join Park Ranger Bret Exner through the trails of the Santa Ysabel East Preserve. Enjoy discussions about the history, plants and wildlife of the preserve, while seeing places in the preserve you normally don't get to see. We will meet at the Highway 79 staging area and carpool to the Farmers Road staging area while leaving half the vehicles at Highway 79. We will hike from the east end of the preserve to the west end stopping at scenic spots along the Santa Ysabel Creek. At the end of the hike, we will carpool back up to the Farmers staging area and pick up the remaining vehicles. This hike will include an elevation gain and loss of approximately 1500 feet in 8 miles. Dress in layers as the temperature will vary throughout the hike. Wear sturdy hiking shoes, and bring plenty of water. Inclement weather will cancel event.

#### BACK COUNTRY AUTUMN HIKE – EAST SIDE

**Date** *Sunday, October 19;  
November 23*  
**Time** 10:00 am  
**Fee** Free

Enjoy the brisk fall mountain air on a hike around the Kanaka Loop trail. Join park staff on an easy hike "over the river and through the woods" in search of autumn colors. Please wear appropriate hiking attire, including a hat and light jacket. Bring water and snacks for along the trail. Inclement weather will cancel event.

#### AMATEUR ASTRONOMY NIGHT – WEST SIDE

**Date** *Saturday, October 25*  
**Time** 6:00 pm  
**Fee** Free

View the skies above the Santa Ysabel Preserve. Test your knowledge of the planets and constellations on this moonless night. Please bring a flash light, warm clothing and a jacket. Bring binoculars or a telescope if available. All Astronomy skill levels are welcome! Inclement weather will cancel event.

#### THE HISTORY OF THE CUYAMACAS AND WHAT'S HAPPENING TO THE OAKS – EAST SIDE

**Date** *Sunday, October 26;  
November 30; December 14*  
**Time** 10:00 am  
**Fee** Free

Bears? Where are they and when was the last time one was seen in the area? How much gold was discovered in the area? Was there downhill snow skiing on Cuyamaca Peak? What about the Goldspotted Oak Borer and the oaks? Learn all about the history of the Cuyamacas! Meet at the staging area. Inclement weather will cancel event.

#### BY THE LIGHT OF THE MOON NIGHT HIKE! – EAST SIDE

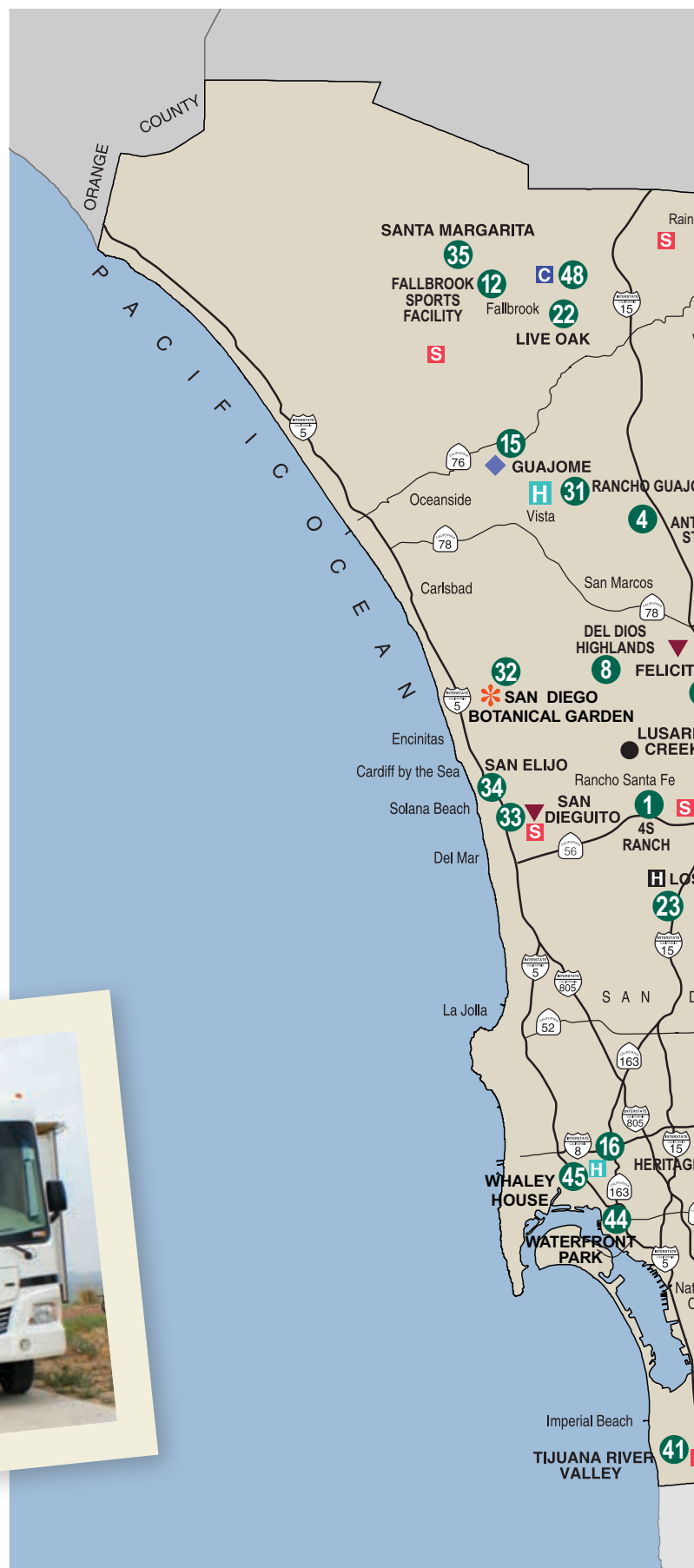
**Date** *Friday, November 7*  
**Time** 6:00 pm  
**Fee** Free

Take a hike under the moon at Santa Ysabel East. Park staff will guide hikers through grassy meadows and oak groves talking about the history, plants and wildlife along the way. Enjoy the view from Kanaka flats overlooking the city lights. Please bring warm clothing and a jacket. Wear sturdy hiking shoes, and bring a hiking stick, water, and a flashlight. Dogs are welcome, but they must be on a leash. Inclement weather will cancel event.

# SAN DIEGO COUNTY MAP

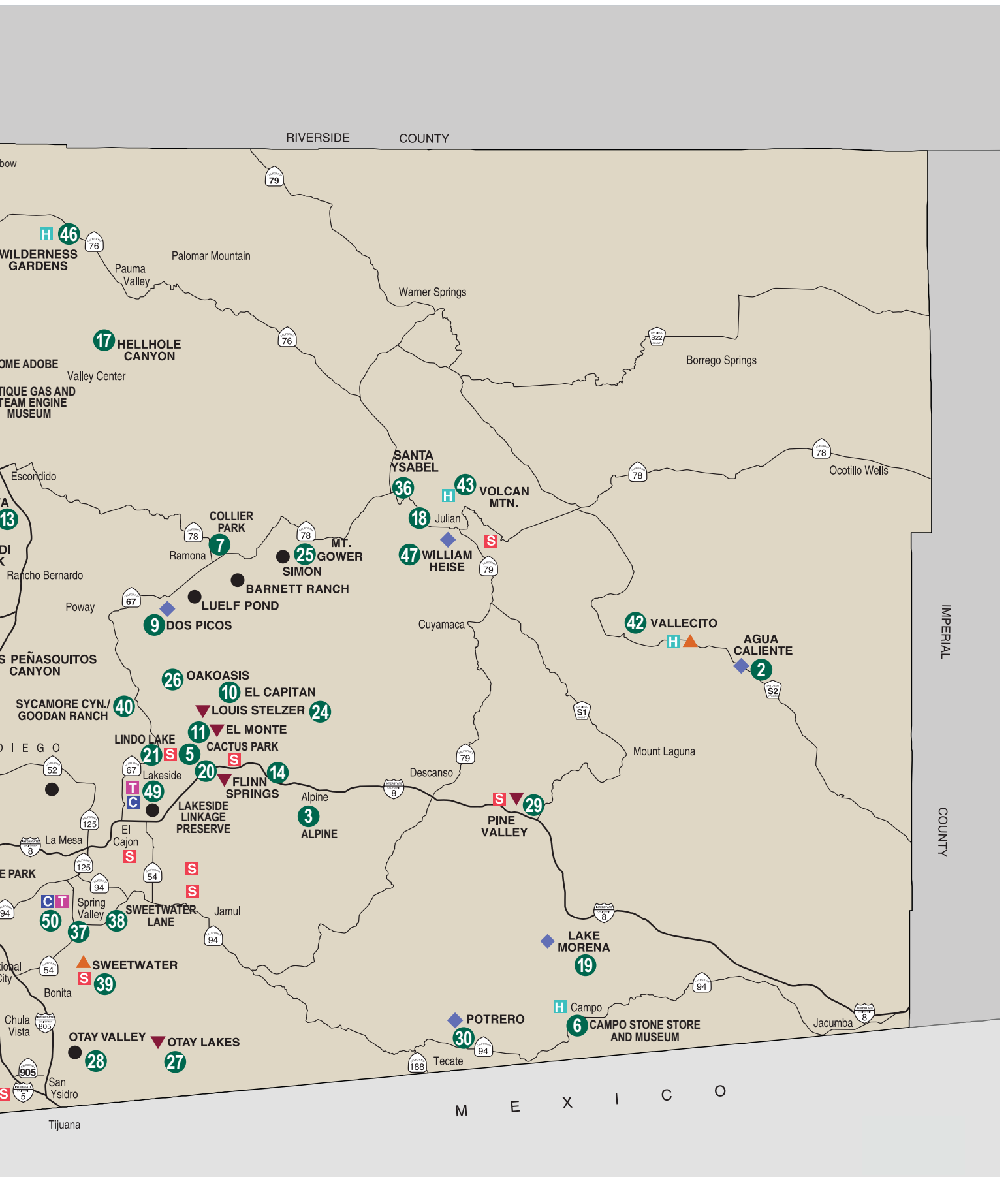
## LEGEND

- ▲ CAMPING PARK
- ▼ DAY USE PARK
- ◆ CAMPING & DAY USE PARK
- PRESERVE
- ✱ BOTANICAL GARDEN
- H HISTORICAL SITE
- C COMMUNITY CENTER
- T TEEN CENTER
- S SPORTS FIELD



*Motorhome Camping at Sweetwater Summit Regional Park*





## SANTA YSABEL PRESERVES PROGRAMS (cont.)

CRAFTS UNDER THE OAKS –  
HIKING STICKS! – EAST SIDE

**Date** Saturday, December 6  
**Time** 10:00 am  
**Fee** Free

Join park staff as we celebrate the fall hiking season by making your own custom hiking stick! Adventurers of all ages are welcome to join. We will provide a variety of branches that are suitable for creating your hiking stick or bring your own from home. Hand tools and supplies to decorate and embellish your creations will also be available.

37 SPRING VALLEY GYMNASIUM  
SPORTS FACILITY

838 Kempton Street  
 Spring Valley | 619-667-6833  
[www.springvalleysports.com](http://www.springvalleysports.com)

## OPEN PLAY

**Date** Monday – Friday,  
**Time** 3:30 pm  
**Fee** Adults: \$1/day, \$5/month, or  
 \$20/year for an annual pass  
 Free for youth

Ending time varies daily, based on gym rentals and/or scheduled programs. Please call ahead of time to check availability or check the open gym calendar online at [www.springvalleysports.com](http://www.springvalleysports.com).

Participants must wear gym appropriate clothing. No jeans. Kids under 10-years of age must be accompanied by an adult. A photo ID is required to check out equipment.

## 38 SWEETWATER LANE SPORTS PARK

1312 Sweetwater Lane  
 Spring Valley | 619-479-1832

Football, flag football, soccer, youth baseball, adult and youth softball, track and field are available at this sports facility.

## SPRING VALLEY GYMNASIUM RENTALS

| Date           | Usage               | Price      | Available Times                    |
|----------------|---------------------|------------|------------------------------------|
| Mon. – Fri.    | Half Gym (1 Court)  | \$50/hour  | 3:30 pm – 9:00 pm<br>(1 hour min)  |
| Mon. – Fri.    | Full Gym (2 Courts) | \$100/hour | 3:30 pm – 9:00 pm<br>(1 hour min)  |
| Sat. – Sun.    | Half Day (2 Courts) | \$400/day  | 8:00 am – 10:00 pm<br>(4 hour min) |
| Sat. – Sun.    | Full Day (2 Courts) | \$550/day  | 8:00 am – 10:00 pm<br>(4 hour min) |
| Concession Fee | n/a                 | \$25/day   | n/a                                |

39 SWEETWATER SUMMIT  
REGIONAL PARK AND CAMPGROUND

3218 Summit Meadow Road  
 Bonita | 619-472-7572



## RED HILL NATURE HIKE

**Date** Saturday and Sundays  
**Time** 10:00 am – 1:00 pm  
**Fee** Free

Join us for a ranger-led hike at Red Hill featuring a mild 1.5 mile walk. The ranger will point out interesting topics, history, native plants, and points of interest. Bring water, a hat, a walking stick and binoculars. Groups and clubs welcome. Meet at the flagpole next to the ranger station.



*Sweetwater Lane Sports Park*



*Sweetwater Regional County Park Red Hill Hike*

40 SYCAMORE CANYON/  
GOODAN RANCH PRESERVE

16281 Sycamore Canyon Road  
 Poway | 858-513-4737



## STAR PARTY

**Date** Friday, October 17;  
 November 21

**Time** Sunset  
**Fee** Free

Join the San Diego Astronomers Association and park staff at the Hwy 67 staging area for a night with the stars. Come experience the chance to view our galaxy using the same technology used by the professionals. Viewers will get a chance to see many amazing sights they wouldn't normally see without the trained eye. Program will be held at the Highway 67 staging area accessed by the southbound lanes only. Bring sturdy shoes and a jacket. Inclement weather will cancel the event.



## SYCAMORE CANYON PROGRAMS (cont.)

*Horseback Riding at Sycamore Canyon*

## SCAVENGER HUNT

**Date** Saturday, October 25  
**Time** 9:00 am – 11:00 am  
**Fee** Free

Do you love the outdoors? Are you good at following clues and solving puzzles? Here is your chance to experience them all together. Join park staff for a self-guided scavenger hunt designed specifically for children. Kids will have a chance to follow clues and find various points in search of the final treasure. The hunt will illustrate several interesting points near the visitor's center and all participants will receive a small token for finishing. The event is kids ages 6-12. Parent participation is encouraged so bring the whole family for a fun day at the park. Inclement weather will cancel the event.

## 41 TIJUANA RIVER VALLEY REGIONAL PARK

2721 Monument Road  
 San Diego | 619-428-2946

See birds traveling the Pacific flyway in the bird and butterfly garden. Walking paths meander around plants specially chosen to attract these winged creatures. Check off your bird list while you eat your lunch at one of the picnic tables in the park, or take a hike and ride a horse along the miles of trails that link to many habitats in the river valley.

## 42 VALLECITO COUNTY PARK

37349 Great South Stage  
 Route of 1849  
 Julian | 760-765-1188



Vallecito is a quiet alternative to some of the busier desert campgrounds in the area. The 44 primitive campsites at Vallecito have tables, fire rings, and barbecue stoves. An equestrian area and one youth area offers additional camping possibilities at the 71-acre park.

## 43 VOLCAN MOUNTAIN WILDERNESS PRESERVE

1209 Farmer Road  
 Julian | 760-765-4098



## VOLUNTEER TRAIL SERVICE PROJECTS

**Date** Saturday, October 11  
**Time** 10:00 am  
**Fee** Free

Does your school, church group, or hiking club want a great team building exercise? Volunteer for a work project in the preserve! Enjoy a day of fresh mountain air and the comradery of friends and colleagues while making a difference at a County Park! Projects can include trail maintenance, tree planting trimming vegetation, erosion control and invasive plant removal. Learn proper tool handling and trail building techniques while enjoying scenic views of the surrounding area. Park along Farmer Road and meet at the Hubbell gate trail head. Wear long sleeves and appropriate shoes. Tools and water will be provided. There will be a short hike to the work site. Inclement weather will cancel the event.

## 44 WATERFRONT PARK

1600 Pacific Hwy  
 San Diego | (619) 237-PARK

## WATERFRONT PUMPKIN PATCH

**Date** Sunday, October 19  
**Time** 11:00 am – 4:00 pm  
**Fee** Free

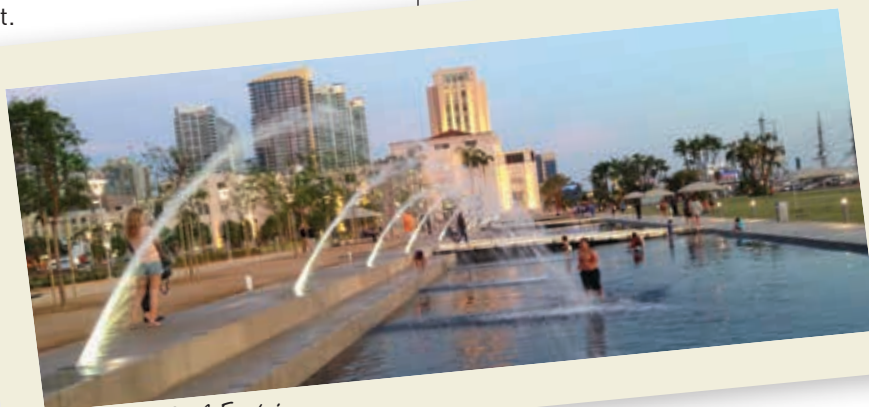
Come and enjoy a festive event at the new Waterfront Park for kids, families and everyone alike! Roam the pumpkin patch to find the perfect pumpkin to take home or decorate at the craft tables. Don't forget to bring the smiles for our festive family photo area. All ages welcome! Downtown parking lots are available for a fee. Guests may also consider using public transportation such as the all-day trolley pass for \$5.00.

## 45 WHALEY HOUSE

2482 San Diego Avenue  
 San Diego | 619-297-7511



Not only was the Whaley House San Diego's first brick building, it was the County Courthouse, and even served as a billiard hall, ballroom and general store. It also has the reputation of being one of the most haunted houses in the nation. For more information on group and individual tours call (619) 297-7511.

*Waterfront Park Fountains*

**46 WILDERNESS GARDENS PRESERVE**

14209 Highway 76  
Pala | 760-742-1631

**A LOOK BACK IN TIME**

**Date** Saturday, October 4, 18;  
November 1, 15;  
December 6, 20  
**Time** 10:00 am – 12:00 pm  
**Fee** \$3 Parking Fee

The 1.5 mile interpretive walk is an easy to moderate hike that begins at the staging area and proceeds along the main trail. The ranger will speak about the first settlers of the early American period. During the hike, we will discuss geography, history, and the flora and fauna of the preserve. The hike will conclude at the ranger station with a tour of the Museum. Please bring drinking water, sunscreen, and snacks.

**47 WILLIAM HEISE COUNTY PARK**

4945 Heise Park Road  
Julian | 760-765-0650

**CAMP WITH THE STARS**

**Date** Saturday, October 4  
**Time** All day and into the night  
**Fee** Free for Campers/  
\$3 Day Use Fee

The San Diego Astronomers Association will be out in the upper park meadow with telescopes during the day and into the night for solar viewing in the day and night viewing of stars and planets! Bring the family and travel through the stars!



*Little Girl Reading Program Guide at Wilderness Gardens*

**FIRED UP!**

**Date** Saturday, October 4  
**Time** 6:00 pm – 7:00 pm  
**Fee** Free for Campers/  
\$3 Day Use Fee

Join the firefighters of Julian/Cuyamaca Fire Protection District for a one-hour program on campfire safety, fire prevention and what to do if you get lost or hurt while camping. Bring the kids as they can shoot water from the fire engine and get their photos taken with the firefighters.

**STAR STORIES**

**Date** Saturday, October 18  
**Time** 5:30 pm  
**Fee** Free for Campers/  
\$3 Day Use Fee

Join guest speaker Greg Hill around the campfire for stories relating to the stars and constellations. All ages will enjoy!



*William Heise Nature Hike*





# FALLBROOK COMMUNITY CENTER

341 Heald Lane  
Fallbrook 760-728-1671

## ATA SUCCESS MARTIAL ARTS

**Date** *Tuesdays, September 23 – December 9*  
**Time** 4:30 pm – 5:00 pm – Tiny Tigers (Ages 3-6)  
5:15 pm – 6:00 pm – White and Yellow Belts (Ages 7 and older)  
6:00 pm – 6:45 pm – Camo and Purple Belts (Ages 7 and older)  
**Fee** \$8 per class

ATA Success Martial Arts provides the perfect environment for the entire family to learn Taekwondo. As part of the American Taekwondo Association (ATA), we strive to teach the sport, physical fitness, self-defense and self-esteem in a fun environment. All students can develop confidence and self-esteem. Advancement in rank is offered from beginner to black belt. To register your child, please visit the Fallbrook Community Center or call.

## GIRLS PRESCHOOL DANCE I & II

**Date** *Wednesdays, September 17 – December 17: Session I*  
*Saturdays, September 20 – December 13: Session II*  
**Time** 9:15 am – 10:15 am  
**Fee** \$140/14 weeks;  
\$10 materials fee paid to instructor

Preschool girls ages 3 – 5 can learn beginning ballet and tap steps, combinations and routines. This class is a true tap and ballet instruction. Students are taught the discipline of dance while learning how good classroom etiquette. A holiday recital will be held Friday, December 19. (Costumes approx. \$30 each) Last day to join class is September 24 for Session I and September 27th for Session II. For more information on attire/ shoes, go to [www.FallbrookDance.com](http://www.FallbrookDance.com).

## SAFE HALLOWEEN

**Date** *Friday, October 31*  
**Time** 5:00 pm – 7:30 pm  
**Fee** Free

Safe Halloween is an evening of trick or treats, games, music, costumes and prizes for all ages. All children must be accompanied by an adult.

## HOLIDAY IN THE VILLAGE TREE LIGHTING

**Date** *Friday, December 5*  
**Time** 4:30 pm – 6:30 pm  
**Fee** Free

Celebrate our village's community spirit, peace and good will, and kick off the holiday season. Join us in bringing our community together for a night of fun activities for the family to enjoy. At dusk the 50-foot Fallbrook pine tree will light up the night at the Fallbrook Community Center.

## BREAKFAST WITH SANTA

**Date** *Saturday, December 13*  
**Time** 8:00 am – 10:30 am  
**Fee** \$5 ages 12 and older; \$4 for children under 12

Get in the holiday spirit and enjoy breakfast, arts & crafts, caroling and some time with Santa. All children must be accompanied by an adult.



*Breakfast with Santa*



*Preschool Dance*

# LAKESIDE COMMUNITY CENTER

9841 Vine Street  
Lakeside 619-443-9176

## SENIOR HEALTH FAIR

**Date** Tuesday, October 14  
**Time** 9:00 am – 11:00 am  
**Fee** \$2 suggested donation for seniors and high-risk adults

All seniors are invited to participate in our annual Senior Health Fair hosted by the Lakeside Community Center and Sharp Grossmont Hospital. Useful information on healthy living, recreation, exercise, and resources for seniors will be provided along with nutritious food samples, door prizes, health screenings and flu shots. Flu vaccines will be available for senior and high risk adults with a \$2 suggested donation. No appointments necessary.

## LAKESIDE CRAFT FAIR

**Date** Saturday, October 18  
**Time** 10:00 am – 2:00 pm  
**Fee** Free

Shop local artisans and crafters at the Lakeside Arts and Crafts Fair held at the Lakeside Community Center. For vendor information please contact Colleen Muldoon at [colleen.muldoon@sdcountry.ca.gov](mailto:colleen.muldoon@sdcountry.ca.gov) or (619) 443-9176.

## HALLOWEEN FESTIVAL

**Date** Friday, October 31  
**Time** 5:00 pm – 7:00 pm  
**Fee** Free

The Lakeside Community Center presents our 11th Annual Halloween Festival. Bring out the whole family for plenty of fun, food and festivities! Activities include games, prizes, food, treats, and our famous costume parade!



*Breakfast with Santa*

## BREAKFAST WITH SANTA

**Date** Saturday, December 6  
**Time** 8:00 am – 11:00 am  
**Fee** \$5 per person

Celebrate the most wonderful time of the year with the Lakeside Community Center! Join us for a pancake breakfast, holiday crafts, letter writing to Santa, and a picture with Old Saint Nick himself! For more information and reservations, call (619) 443-9176.



*Breakfast with Santa*



# SPRING VALLEY COMMUNITY CENTER

8735 Jamacha Boulevard  
Spring Valley 619-479-1832

## HALLOWEEN FESTIVAL

**Date** Friday, October 31  
**Time** 5:30 pm – 7:30 pm  
**Fee** Free

The Spring Valley Community Center is celebrating its 11th Annual Halloween Festival. The event is free to the public and includes game booths, a costume contest, an astro jump, face painting, prizes, and tasty treats. Dress in your best costume!

## BREAKFAST WITH SANTA

**Date** Saturday, December 20  
**Time** 9:00 am  
**Fee** \$5 for adults and children 12 years and older;  
\$4 for children 11 years and younger

Celebrate the most wonderful time of the year with the Spring Valley Community Center! Join us for a pancake breakfast, holiday crafts, and a picture with Old Saint Nick himself!

## WINTER CAMP

**Date** Monday-Friday, December 22-26 (week one)  
Monday-Friday, December 29 – January 2 (week two)  
**No Camp December 25, January 1**  
**Time** 7:00 am – 6:00 pm  
**Fee** \$80 per week per child; \$33 daily rate per child

Enjoy two weeks of fun-filled holiday activities during this holiday break for kids ages 6-12. Winter camp consists of games, holiday crafts and more. For more information, please call (619) 479-1832.



*Halloween Festival*



*Breakfast with Santa*





# REC CLUB

**Lakeside REC Club**  
9911 Vine Street  
Lakeside 619-443-4169

**Spring Valley REC Club**  
838 Kempton Street  
Spring Valley 619-667-6839



## LAKESIDE

**Date** *Monday, Tuesday, Thursday Friday*  
**Time** *2:00 pm – 6:00 pm*  
**Date** *Wednesday*  
**Time** *1:00 pm – 5:00 pm*

## SPRING VALLEY

**Date** *Monday, Wednesday, Thursday, Friday*  
**Time** *2:30 pm – 6:30 pm*  
**Date** *Tuesday*  
**Time** *1:00 pm – 5:00 pm*

## HOLIDAY CLOSURES

**November 11, Veterans Day**  
**November 27-28, Thanksgiving**  
**December 22-January 5, Holiday Break**

The Lakeside and Spring Valley REC Clubs demonstrate how to make a positive difference in the lives of youth. The goal of the REC Club is to provide a safe, fun, and positive environment. The club offers opportunities for middle and high school youth to grow through physical fitness, art expression, leadership development, community service, and educational activities while enhancing self-esteem, communication skills, problem solving, and community involvement. The fundamental object of the program is to succeed in life.

## ENERGY SAVING ADVENTURES – BOTH REC CLUB'S

**Date** *Monday – Friday*  
**Time** *3:00 pm – 5:00 pm*

Energy Saving Adventures (ESA) is the new REC Club perspective of taking charge of our future through resource conservation. The daily after school program inspires and empowers youth to create change in the world around them. Through films, tournaments, experiments, and field trips, each day, teens tackle important concepts through an Energy Saving Adventure. Multiple FREE offsite fieldtrips offered throughout the year!

## FESTIVE FRIDAYS – LAKESIDE REC CLUB

**Date** *Third Friday of the month*  
**Time** *2:00 pm – 6:00 pm*

The Lakeside REC Club provides a fun after-school event monthly, filled with fun activities, snacks, crafts and more! Previous Festive Friday's have included "Fear Factor," "The Olympics," and "Carnival Game Themes." We transform the REC Club into a party, with fun decorations and music. This program provides participants with an entertaining night of creativity and lasting memories. Join us!

## THANKFUL THANKSGIVING ESSAY CONTEST – SPRING VALLEY REC CLUB

**Date** *Month of November (Essays must be submitted by November 17th)*

**Winners will be awarded November 21, 2014.**

The Spring Valley REC Club will host a Thankful Thanksgiving Essay Contest for all REC Club members during the month of November. A blank turkey outline will be provided to all REC Club members to write what they are thankful for in life. Contestants will be broken into three skill levels: elementary, middle and high school. Top performers in each level will receive a turkey dinner; the turkey dinner will include the following items: cooked turkey, mash potatoes & gravy, green beans, stuffing and yams. Second place winners in the essay contest will be award a frozen turkey. Contestants must show up to the Spring Valley REC Club during the month of November to enter the contest. Winners will get a frozen turkey, or a complete turkey dinner just for writing what you are thankful for in the world.



*Rec Club*

# RANCHO CHRISTMAS



**RANCHO GUAJOME ADOBE**  
2210 N. SANTA FE AVE.  
VISTA, CA 92083

**NOVEMBER 29 – 30, 2014**  
**10 A.M. – 4 P.M.**

***SATURDAY EVENING ONLY***  
***Christmas caroling from 4 p.m. – 5 p.m.***



- Over 20 rooms decorated with natural materials
- Self-guided Adobe House tours
- Tractor-drawn wagon rides
- Native American storytelling
- Ballet Folklórico performances
- Free parking

**\$5 for adults (13 and older)**

**\$3 for children (ages 4–12)**

**FREE for children Ages 3 and under**

***FREE children's activities with paid admission***

**For event information**

**760 • 724 • 4082**

**[hector.live@sdcounty.ca.gov](mailto:hector.live@sdcounty.ca.gov)**





# *Volunteer!*

*It's a good thing!*

*Fun and challenging opportunities include*

- *Live-in Park Hosts*
- *Park Patrol*
- *Park Docent*
- *Community Center Volunteer*
- *Student/Youth Volunteer*
- *Group Opportunities*

The San Diego County Parks and Recreation Department offers many volunteer opportunities to fit your skills and interests.

For additional information and an application, visit [www.sdparks.org](http://www.sdparks.org) or call 858.966.1335.



**Parks  
Make  
Life  
Better!**





# What is ESA?



## ***Energy Saving Adventures (ESA)***

is a REC Club perspective about taking charge of our future through resource preservation. This daily after-school program inspires and empowers youth to create change in the world around them.

Through films, tournaments, experiments, and field trips, each day, teens tackle important concepts through an Energy Saving Adventure.

***REC Xplorers*** is an outdoor adventure program which focuses on developing an appreciation for the outdoors and building ethics for environmental stewardship.

Working together, ESA and REC Xplorers have developed programs that culminate in what has been named Environmental Energy Education, a hybrid project of sustainability and outdoor recreation.



***Two Different Locations. Twice the Fun!***

### **Lakeside Teen Center**

9911 Vine St. • Lakeside  
619.443.4169

### **Spring Valley Teen Center**

838 Kempton St. • Spring Valley  
619.667.6835



# Park Amenity Naming Rights for Sale

## A Campaign for the Future of Our Parks!



The San Diego County Parks and Recreation Department provides ways to link your company name with park amenities that are the pride of San Diego. There are naming opportunities ranging from ball fields, skate parks, playgrounds, and trails, to sport courts, staging areas, splash parks, community rooms, and pools.

Visit **[sdparks.org](http://sdparks.org)** to learn more about how naming an amenity is a cost-effective way to reach your target audience.

### San Diego County Parks and Recreation

5500 Overland Ave. • Suite 410  
San Diego, CA 92123  
877.565.3600 • [sdparks.org](http://sdparks.org)





# EMBRACE THE OUTDOORS

**Get Married  
at a San Diego  
County Park**

**BOOK TODAY  
AND HAVE CATERING  
FEES WAIVED WHEN  
YOU MENTION  
FALLGUIDE**

**RESERVATIONS  
877.565.3600  
SDPARKS.ORG**



Reservations must be made and paid in full at time of booking.  
Valid for weddings only. Limit one use per transaction  
per customer. All rights reserved. Offer expires 2/1/15.





# EXPERIENCE SAN DIEGO COUNTY TRAILS

There are many miles of hiking, biking, and equestrian trails in the County's parks and open space preserves. Some trails offer simple strolls along placid streams; others take you over rugged mountains and isolated valleys. We offer one of the most diverse trail systems in the nation.

People interested in an easy hike may want to stroll along the coastal waters at San Elijo Lagoon. For the more adventurous trekker, take the challenge in the hills of El Capitan or Hellhole Canyon. For those interested in outdoor adventures, many of our camping parks also include trail experiences.

At Lake Morena, you can enjoy the Pacific Crest Trail, which boasts beautiful lake views, and William Heise offers scenic overlooks of the oak, pine, and cedar filled backcountry. Most of our trails are multi-use and have been designed to accommodate hikers, bikers, and equestrians.

For more information on the vast offering of trails, visit our website at [www.sdparks.org](http://www.sdparks.org). Parks Make Life Better!



*Louis Stelzer Interpretive Hike*



*Santa Ysabel Trail Hiker*



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San Diego County Parks and Recreation



## The County Parks and Recreation Activity and Program Guide

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## Department of Parks and Recreation

5500 Overland Avenue, Suite 410  
San Diego, California 92123  
858-694-3030